

# INSTRUCTIONS FOR TREATMENT OF AN INGROWN NAIL:

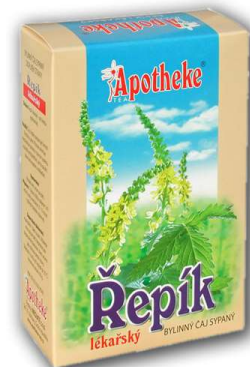
Disinfect once or two times a day with **Cutasept F** spray 50ml or **Betadine** solution 30ml.



Apply taping (in order to pull affected nail fold from the nail) e. g. **Spofaplast** (width 1,25cm), **3M ESPE**.

In case of inflammation bathe with **Aqvitox -D** (500ml spray).

Bathe toes once or two times a day in **agrimony infusion**. (lukewarm water, not hot!)



Separate big toe from other toes (using **a piece of gauze**, **corrector** or **cleansing pad**).